

WELLNESS SERIES

BIOFEEDBACK READINGS

A Biofeedback Reading scans a person's body (similar to a virus-scan on a computer), looking for imbalances, called stress markers, in the body. It is a new category of wellness called "Bio-Energy Wellness," which recognizes that the human body is electric and therefore energetic imbalances result in physical stressors.

Each of the bodies 11 systems are evaluated, providing the client with insight into any physical re emotional issue they may be dealing with. Are you struggling with digestive issues, poor sleep, brain fog, low energy or mood swings? If so, a biofeedback reading will give you tremendous insight into the root cause of your issues and, more importantly, what you can do to support your health.

Seminar: Beauty from the Inside Out

Wellness Strategies that Impact Inner & Outer Beauty
May 17th, 5:00-6:00 PM — \$10 Booking Fee

Proper skincare is important for maintaining a youthful appearance. Many people, however, are prematurely aging with poor diet and lifestyle choices. In this seminar you will discover key things you need to do—AND NOT DO—in order to maintain vibrant, healthy skin that ensures you look younger than your years! Book now to avoid missing this seminar.

Casey Conrad



International Speaker & Author of *Vibrant Health Now*

Over 25 years in the fitness industry, she is an internationally recognized author and speaker. She enjoys motivating individuals to improve their lifestyle using natural products and removing toxins and chemicals, incorporating regular exercise and making healthy lifestyle choices.

Biofeedback Readings

55 min = \$69

May 17th — Book a Session



There's a Younger You Inside

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